

True or false

TRUE =a FALSE =b

41. The Sub Occipitals have 32 muscle spindles per gram and control the tone of the upper neck and shoulders.
42. The term alignment, taken from a structural integration perspective, represents the repositioning of the body symmetry through reorganization of the soft tissue fascia system of the body
43. A strong blowing breath by the client helps in applying bending techniques.
44. For upper body kyphosis, always move the tissue medial to lateral from the spine
45. In structural bodywork, the concept always dictates the possible techniques to use.
46. The Mid-sagittal line is used to mark the head forward position.
47. Tension in the costal margin must be released to effect change in an upper cross posture.
48. The basic concept of tissue movement in structural bodywork is up the front and down the back.
49. A hand brace will help prevent hand pressure injuries in bodywork.
50. Tissue in the costal margin should be moved medial to lateral from the center.